The contribution of nurses in future proof health care

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Young Children and Older People as a Percentage of Global Population: 1950-2050

• Demographic changes
• Changing patterns of health and disease
• Increasing expectations of service users
• Increasing need for choice
• Shift to care close to home
• Increased opportunities in treatment and care
• Increase in technology and communication
• Lasting social inequality

Front line Care Report by the Prime Minister’s Commission on the Future of Nursing and Midwifery in England (2010)
http://cnm.independent.gov.uk
Extraordinary challenges in health care
The unique function of the nurse is to assist the individual, sick or well, in the performance of those activities contributing to health or its recovery (or to peaceful death) that he would perform unaided if he had the necessary strength, will or knowledge. And to do this in such a way as to help him gain independence as rapidly as possible.“

V. Henderson, 1966, p15
Nurses are at the heart of delivering the high quality, compassionate care that everyone wants.

They play a key role in determining the quality of health and social care and enabling people to make personal choices in a range of health, social and community settings.

They are also vital in improving public health, health promotion and illness prevention – crucial elements of future health care.

NURSES CAN

• Improve the quality of care through the chain (across settings)
• Improve care systems
• Address patient safety
• Remove barriers to high quality care
• Reduce health inequalities
• Analyse health issues
• Establish creative and effective cooperation (partnerships)

M. Hill (2010)
Hello
my name is
Future Nurse
1 NURSING CARE SHIFT FROM HOSPITAL TO HOME
2 TRANSITION FROM PROVIDING CARE TO ENHANCING PATIENTS ABILITY TO SELFMANAGE

CHANGE OF PARADIGM

SELF MANAGEMENT
The ability to adapt and self manage in the face of social, physical, and emotional challenges.

BMJ, 2011

It is more important to know what person the disease has than what disease the person has. - Hippocrates (460-370 BC).
..rather than patient dependency ‘causing’ nursing action, nursing actions can cause patients to become more or less dependent (Miller, 1984)
3 INDEPENDENT WITHIN A TEAM
FOCUS SING ON RESULTS

PREVENTION
DAILY FUNCTIONING & QUALITY OF LIFE

Diseases that have strong negative correlation with the ability to:

- self care
- move/transfer
- have contacts with others

Most negative influence quality of life
(Netuveli et al, 2005, 2006)

Limitations in daily functioning 4x more impact on quality of life than disease itself (Netuveli et al, 2005)
POPULATION BASED
5 CLINICAL REASONING

EVIDENCE BASED
6 TECHNOLOGY
CARE INNOVATION

FIRST DO NOT HARM

ORIGINAL INVESTIGATION

A Randomized Controlled Trial of Telemonitoring in Older Adults With Multiple Health Issues to Prevent Hospitalizations and Emergency Department Visits

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Background: Efficiently caring for frail older adults will become an increasingly important part of healthcare reform; telemonitoring within homes may be an answer to improve outcomes. This study sought to assess differences in hospitalizations and emergency department (ED) visits among older adults using telemonitoring vs usual care.

Methods: A randomized controlled trial was performed among adults older than 60 years at high risk for rehospitalization. Participants were randomized to telemonitoring (with daily input) or to patient-driven usual care. Telemonitoring was accomplished by daily biometrics, symptom reporting, and videoconference. The primary outcome was a composite end point of hospitalization or death.

Conclusions: Among older patients, telemonitoring did not result in fewer hospitalizations or ED visits. Secondary outcomes demonstrated no significant differences between the telemonitoring group and the usual care group. The cause of greater mortality in the telemonitoring group could not be attributed to rehospitalization.
Leadership & partnership
8 GENERALISTS & SPECIALISTS
9 NURSING  = BACHELOR
3 Nursing education: can we all agree that a bachelor’s degree should be the minimum level for entry into practice?
THE FUTURE IS ALWAYS DIFFERENT THAN THE PAST COULD IMAGINE

(P. Schnabel, 2007)
THE FUTURE IS NOW