PALLIATIVE CARE IN TURKEY

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Objectives and Learning Targets

• Palliative Care Team
• Examples from Turkey
• Palliative Care Development in Turkey
- Maximum symptom control and minimum morbidity
- Improving life quality of patients and their relatives
- Watching over Cost-efficiency
- Providing student and residency training
- Providing continuity of patient treatments
• Do We Ask Ourselves or Patients These Questions?

– How many patients of mine die in a year?
– Why do we care a patient that will die?
– Which defines most our life meaning, value and quality?
– Which death do we want?
  • At home?
    – Most of the patients want to die at home. At the other hand, %80 of them die in hospital.
– Which one is frightening? Death or death way?
– Which actions make us happy in next 1-2 weeks?
Medicare

Primary physician
Radiation Oncologist
Medical Oncologist
Algologist
Surgeon and other specialists
GP/FP

Infusion team
Nurse
Caregiver
Clinic physcologist
Social care specialist
Spiritual approach

Physiologist
Ergotherapist/Occupational therapist

Others
Oncology nursery

Multi-disciplinare Approach

PATIENT

NURSARY

PHARMACY

REHABILITATION

PHYSICOSOCIAL
PALLIATIVE CARE STRUCTURE IN OUR COUNTRY
T.C. SAĞLIK BAKANLIĞI
KANSERLE SAVAŞ DAIRESI BAŞKANLIĞI

Koronma
19 Temmuz Tütün Yasası
Yürürlüğe Girdi

Erken Tanı ve Tarama
Meme ve Serviks kanseri ulusal standartları belirlenenerek taramalar başladı

Tedavi
Türkiye, 2006 yılında kanser tedavisine
2,5 milyar Dolar harcadı

Kanser Kayıtlılığı
8 ılıde aktif kayıt devam etmektedir

Palyatif Bakım
Yeni Yapılanma Başladı

Bestenme ve Kanser Günleri Sunumları
7 Kasım 2009 tarihinde gerçekleştirilen "Bestenme"
Alışkanlıkları ve Kanser Günlü" Seminerine sunulan, videoğraflan ve fotograflan web sırfono yerleştirilmiştir.

"KETEMlerin ÇKYS Bilgilerini Güncellemesi"
Bölgesel Aplikasyon

Dokönuma ulaşmak için tıklayın.

02 / 11 / 2009
Palliative Care and Cancer Records

PCU: Palliative Care Unit, PCC: Palliative Care Center, CPCC: Comprehensive Palliative Care Center
Level One: Palliative Care Unit (PCU)

- A unit which provides outpatient clinic services and chemotherapies which are planned by upper health care providers.
- Recommended to be founded in rural regions.
- It is a first level palliative care unit which care patients referred by GP/FPs and home health services.
Level Two: *Palliative Care Center (PCC)*

- Must be a multidisciplinary team.
- It is recommended to be founded in upper medical hospitals and government’s service hospitals.
- The main purpose in patients who take treatment is making the patients stabilized as soon as possible and providing their maintenance treatments by GP/FPs and home health services.
Level Three: Comprehensive Palliative Care Center (CPCC)

- It is recommended to be founded in university / training and research hospitals.
- It must have capacity of knowledge to give inservice training, continuous training and certification training programs about palliative care to subtreatment groups.
- The main purpose in patients who take treatment is making the patients stabilized as soon as possible and providing their maintenance treatments by GP/FPs and home health services.
- Due to needs, it is recommended that comprehensive palliative care center must have 10-20 beds.
Hospis

- Places which are like home, for patients who have advanced chronical diseases and do not give respond to curative treatment no more, provided by advanced health care services.

- Health care center which gives all kinds of supports for dealing with chronical diseases and teaches symptom control methods to patients and their families in their last days despite of detailed care.

- It must be founded near its main hospital which has comprehensive palliative care center and it must not be seperated in operation.
Regulations

Palliative Care Services and Description of Palliative Care Centers

- Patients Rooms
- Rooms for patients’ relations
- Kitchen
- Massage and physiotherapy room
- Psychotherapy room

- Internet and game room
- Personal care room
- Meeting room
- Praying room and religious
- Hobby room
Palliative Care Centers in Turkey

- Izmir – 6 centers
- Ankara – 3 centers
- Kütahya
- Samsun
- Uşak
- Eskişehir
- Balıkesir
- Manisa – 2 centers
- Zonguldak
Our purpose is not adding years to the patients’ life, it is adding life to their years...