

Sport is a health determinant. The city of Nanterre had built a program called the "Sport-santé" program with the help of our sport medicine physician. The objective is to give the desire and the possibility to practice a physical activity adapted to sedentary people, or to people with diabetic, overweight, metabolic syndrome, or chronic disease, or people in situation of disability. This program mobilizes the mechanism for coordinating health professionals, sports education professionals and users. It is needed to educate patients / practitioners, inform health professionals, and train sport and health educators.

Visiting the sports centre of the Nanterre University will permit to discuss around this program.